



**Beverly:** Suite 2004 and Suite 3002 • 83 Herrick Street, Beverly, MA 01915  
**Gloucester:** Addison Gilbert Hospital, 298 Washington Street, Gloucester, MA 01930  
**Danvers:** 140 Commonwealth Ave. Suite 208, Danvers, MA 01923  
**Danvers:** 480 Maple Street (3rd Floor), Danvers, MA 01923

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## INSTRUCTIONS for ULTRASOUND EXAMINATIONS

Please arrive with a full bladder a few minutes prior to your scheduled appointment. If you are late, you may be asked to reschedule.

Please inform the sonographer if you have a latex allergy.

If the ultrasound is to evaluate a pregnancy, please make sure to have had something to eat prior to the appointment. You may have one additional person accompany you. Additional people are not allowed to observe the examination as it is a medical test.

Once you are in the exam room, you may be asked to undress from the waist down. There will be a sheet to drape over you for modesty.

There are many reasons to have an ultrasound. In order to obtain the appropriate images, the sonographer may perform the examination transabdominally, transvaginally or both. A transabdominal exam involves an ultrasound wand on the lower abdomen to visualize the pelvic organs. A transvaginal exam involves inserting a lubricated, sterile probe into the vagina. The sonographer may ask you to change position in order to better visualize the pelvic structures.

The sonographer is not allowed to comment on the findings of the ultrasound examination. The images need to be formally reviewed and interpreted by the physician before your provider can notify you of the results.

While every effort is made to complete the ultrasound, it may be that certain structures are not adequately visualized. You may have to schedule another ultrasound.

If you have any questions about your ultrasound, please contact our office to speak to a member of the clinical staff.